Uno is the first of two Accent to tap exercises. In this exercise the tap notes are Legato, and the Accents are Staccato. Staccato means "disconnected". It is the absolute opposite of Legato. When playing the Staccato accents in this exercise, make sure to control the stick so that the Staccato accent only rebounds back up to the height of the tap note after the accent (3 inches). Also make sure that the tap notes rebound to tap note height (3 inches) and are legato.

Things to remember about this exercise: Always play with a metronome. Play Slowly at first, and get faster. Play accents at various heights- always play tap notes at 3 inches. A common tendency is for the tap notes directly after accents to rush at slower tempos and lag at faster tempos. This exercise was written to correct this problem. Make sure you are not allowing this to happen. It is often that the tap note after the accent rebounds too high, making it nearly impossible to play with rhythmic accuracy. Make sure the tap note after each accent is the same height at all the other tap notes (3 inches).